

Biography – Dr Sarah Farrant

Dr Farrant’s revolutionary approach to health and vitality is reshaping how people see themselves and their health.

As a chiropractor, author, mother and international speaker Dr Farrant is leading a new wave of thought about health. She establishes a strong foundation for understanding where health comes from, how you get it and, most importantly how you keep it. People from all over the world are drawn to hear her speak and share her inspiring insights on life, health and chiropractic.

Her vision is “to share vitalistic philosophy with the world and how it relates to health for the purpose of changing the health consciousness of individuals, families, cities, states, nations and the world; to inspire a desire in others to do their life differently; to ask different questions.”

With qualifications in physical education, general science and psychology in addition to her Doctor of Chiropractic, Dr Farrant brings a sound understanding to her teaching. Yet it’s not simply her qualifications that speak – Dr Farrant has combined philosophy with practice stories and moments of her own life to help warm the heart and touch the soul.

Sarah is married to Dr. J. Randall Farrant who is also a chiropractor. They have 2 boys Anam, 4.5 yrs and Rui, 2.5 yrs; and a little girl Anais born at the end of 2006. All were born at home. They reside in Queensland, Australia.